

Complete this checklist before your visit to the mattress store and bring it with you to help narrow your search. Don't be afraid to ask questions – that's what the sales representatives, known as sleep consultants at Mattress Firm, are there for!

SIZE

To identify the correct mattress size for your space, consider the following:

- >> **The mattress should be longer than the tallest person sleeping on it.**
- >> **The bed width should allow enough space to fold your arms behind your head without going beyond the mattress edge or touching your partner's elbows (for two adults, we recommend either a queen or a king).**

MATTRESS DIMENSIONS

Twin mattress	39" wide x 75" long
Twin extra-long mattress	39" wide x 80" long
Full size bed / Double mattress	54" wide x 75" long
Queen mattress	60" wide x 80" long
King mattress	76" wide x 80" long
California King mattress	72" wide x 84" long

- >> **Do you need a box spring or foundation for your mattress?** Yes No

BUDGET

Determine a budget you're comfortable with and let your salesperson know so he or she can direct you to the best mattress options in your price range. Not sure how much you should spend for a good quality mattress? As a general rule with mattresses, you get what you pay for – the higher the quality, the better the comfort, support and durability. However, it's important to choose a model that suits your needs and your pocketbook. We recommend the "eight days of pay for eight years" model: Take one day's pay and multiply it by eight. That's how much you should spend on a mattress that will last eight years. If you don't plan on keeping your mattress that long, or it's going to be a guest mattress that will be used less often, you may consider spending less, but consider using this equation to find your ballpark price range.

- >> **The least I will spend is \$ _____**
- >> **The most I can spend is \$ _____**
- >> **I am / am not willing to consider floor models and other clearance options**

PSST:
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a link

$$1 \text{ DAY'S PAY} \times 8 \text{ WORKING DAYS} = \text{MATTRESS}$$

TEST-DRIVE

Once your salesperson has shown you some **different mattress brands** within your size/budget range, test out your mattress options by laying on each side (back, stomach, left side, right side) for about five minutes per side (20 minutes total). We know what you're thinking, "I don't want to lay on a bed in front of my fellow shoppers?" Don't worry – we see it all the time, and it's an important step in the shopping process. Some questions to ask yourself as you test drive each mattress include:

- >> **DO I PREFER A FIRM OR SOFT MATTRESS?**
- >> **WHICH MATTRESS BRAND DO I TRUST THE MOST?** **most trusted brands**
- >> **WHAT FEATURES CAN I LIVE WITHOUT?**
- >> **WHAT FEATURES CAN'T I LIVE WITHOUT?**

Take any relevant notes about what you liked/didn't like about each one here. For example: must be a **hybrid mattress**, must be a **memory foam** mattress, need an **adjustable base**, etc.

DELIVERY

- >> **Is shipping and/or delivery included?** Yes No, it costs \$_____
- >> **Will they dispose of my old mattress for me when they bring the new one? Is there a charge for that?** No Yes, it costs \$_____
- >> **Is **recycling my old mattress** an option and can they recycle it for me?** Yes No
- >> **How long will it take to get my new mattress delivered to me?** _____ days/weeks

RETURN POLICY / WARRANTY

- >> **What is the return policy? Is there a return fee, restocking fee or any penalty fees?**
 No Yes, it will cost \$_____
- >> **What does the warranty cover? Will it be voided due to stains or tears caused by use?**

Tip: To protect against regular wear and tear and extend the life of your mattress you may consider purchasing a **quality mattress cover**. Make sure you understand what your warranty covers and take any relevant notes here:
